

Volunteering at the Lifestyle Sports – adidas Dublin Marathon

The Lifestyle Sports – adidas Dublin Marathon depends on volunteers for its survival. Many of the current top athletes would not have been able to achieve their ambitions were it not for the commitment of those who turn up wind, rain or hale to make sure an event can be staged successfully and safely. As the event continues to grow the logistics of organizing the race grow ever more complicated. But the best thing about being a volunteer is that, as well as being a worthwhile way to spend your time over Marathon weekend, its great fun. Last year we needed nearly 1000 volunteers and this figure is only going to increase.

Please click on the navigation links below for information about specific volunteer assignments. We look forward to working with you during the Lifestyle Sports – adidas Dublin Marathon weekend. To thank you for your support all of our volunteers will receive a commemorative volunteer medal.

To indicate the area and time of your choice please email volunteer@dublinmarathon.ie with your name and contact details and we will be in contact with you to confirm your position.

VOLUNTEER ASSIGNMENTS

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[Start Area](#)

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Volunteering groups can be worth money to your organization as well! If you are a member of any kind of club or association providing volunteers can add to your funds. This entails committing to providing up to 15 volunteers and a team leader. You would still be entitled to all volunteer benefits but the onus would be on you to ensure your volunteers turned up on the day.

Lifestyle Sports – adidas Dublin Marathon Expo

The Lifestyle Sports – adidas Dublin Marathon Expo will take place in the RDS Main Hall, in Ballsbridge, Dublin 4.

Volunteers will be asked to work the following shifts, with breaks provided for complementary refreshments:

Saturday 10h30 to 18h

Sunday 11h to 18h

Volunteers should be aged 16 and over.

Expo Volunteer Jobs :

1) Registration

Description : Assist with handing out race numbers to registered runners.

2) Goody Bag distribution

Description : Assist with handing out pre-race goody bag to registered runners

To apply for the position of your choice please email volunteer@dublinmarathon.ie

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Lifestyle Sports – adidas Dublin Marathon Start Area

Start Area Volunteer Jobs :

1) *Baggage Area Crew*

Time : 7am to 1pm

Location : Merrion Square

Description : Accept kit bags from Runners pre race. Store kit bags in numeric order. Sort baggage during race, ready for return post race. It is important that baggage is stored according to race number to facilitate retrieval after the race. It is important that baggage volunteers are polite and efficient as they will be asked to handle the baggage of thousands of volunteers in a relatively short space of time.

Requirements : Baggage crew should be aged 12+. All crew must be fit and healthy as the position involves lifting kit bags and working quickly.

2) *Start Area Marshall*

Time : 7am to 11am

Location : Fitzwilliam Square and its surrounding streets.

Description : Set up the start line and time zones prior to the race start. Act as a marshall at the start area, directing runners to their appropriate time zone and encouraging runners as they set-off. Teams will also be responsible for cleaning up the start area.

Requirements : Start area volunteers should be aged 18+. All crew must be fit and healthy as the position involves moving crowd barriers and cones etc.

To apply for the position of your choice please email
volunteer@dublinmarathon.ie

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Lifestyle Sports – adidas Dublin Marathon Course

Course Volunteer Jobs :

1) Course Marshalls

The Lifestyle Sports – adidas Dublin Marathon will start at Fitzwilliam Square and finish at Merrion Square. The course map can be downloaded on the [Course page](#). Course Marshalls are needed along the 26.2 mile length of the course for the safety of runners and spectators alike. The course is split into sectors each headed by its own sector Marshall.

Time : Course Marshalls are required between 8am and 5pm – depending on the sector you are assigned to.

Locations : Various – you will be contacted by the course director with details.

Description : Maintain a visible presence for runners, pedestrians and motorists. Ensure the well-being of runners, spectators and the general public during the race. Guide the runners while in parallel warning the public so that the two do not come into conflict with each other. Inform your sector marshall if you have a problem or if medical attention is required for a race participant. Support your Course Marshall colleagues. Encourage the runners with a smile, a clap and a cheer.

Requirements : All Course Marshalls should be aged 18+ and be physically fit. Marshalls should be aware of the need to be polite and considerate at all times, even when the person they are dealing with is not!

1) Water Station Crew

There will be over 10,000 participants in the Lifestyle Sports – adidas Dublin Marathon. Hydration is vital during the race and there will be Ballygowan water stations posted every 3 miles along the course route. In parallel, there will be Club Energise and High Five Gel Stations posted along the route.

Time : Water Station crew are required between 8am and 5pm – depending on the water station you are assigned to.

Locations : North Circular Road, Phoenix Park, Chapelizod, Crumlin, Fortfield Road, Orwell Road, Milltown Road, Fosters Avenue, Nutley Lane, Hogan Place.

Description : As part of a team you will be handing out water and shouting encouragement to the runners. Teams will also be responsible for cleaning up used bottles.

Volunteers are required to :

- Layout tables
- Layout bottles &/or Gels
- Keep tables well stocked with bottles &/or Gels
- Handout bottles at side of running lane with arm fully outstretched (latex gloves will be provided to protect volunteer's hands from the sharp plastic bottle tops).
- Clear up discarded bottles and cups into sacks within 200 metres of end of water station.
- Encourage runners.

Requirements : Minimum age of 12 years as long as accompanied by an adult.

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Lifestyle Sports – adidas Dublin Marathon Finish Area

Finish Area Volunteer Jobs :

Locations : These positions are based at the finish area in Merrion Square and its surrounding streets. They are some of the most important positions in terms of the participants perception of the event.

Volunteers will need to be aware of the participants needs after the race. While the race is underway there will be preparation for post race give-aways.

Time Requirements : Volunteers will be required from approximately 9h15 through to 5pm.

There will be breaks provided for complementary refreshments.

1) J-Chip Removal

As the participants finish volunteers will be responsible for removing the J-Chip from their race number and placing it in containers provided.

2) Medal Distribution

As the participants proceed from the de-chipping area volunteers will be required to distribute medals.

3) Goody Bag & T-Shirt Distribution

Goody bags and t-Shirts will be distributed to participants by a team of volunteers once they have received their Medals.

4) Sandwich Box Distribution

Participants will proceed from the goody bag area to a designated area where they will receive a SPAR Sandwich Box.

5) Baggage Retrieval

The baggage retrieval volunteers are required to return the appropriate kit bag after the race on production of the running number.

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