





FINGAL 10K

THE ROUTE:

- (Start)** Main Street
- Dublin Road
- Swords By Pass
- Balheary Road
- Balheary Avenue
- Iostain an Bhaile Nua
- Newtown Cottages
- Balheary Road
- North Street
- Watery Lane
- Rathbeale Road
- Bridge Street
- (Finish)** Main Street

-  Race route
-   Kilometre marks
-  Tipperary Water stations

